

### Some advices when travelling

What brought you to travel?

Arrange belongings is one of the most stressful part of planning travel. However, with the following tips in hand, you will choose the things essential and things left behind unnecessary.

#### 1. The water bottles can be reused

Not only convenient to move (the one bottle also allows you to pour even more water where you are) but it can be a place to store small objects and the importance of the journey (eg map page health information or passport). And because they are sturdy and waterproof, so you will not worry the damage will happen to the objects inside.

#### 2. Plastic bags sealed with glue lines

You always to remember these,. They are very convenient when you want to bring food for a day; or when moving from one hotel to another hotel and need to store the equipment bathroom as soap, toothpaste without fear of running out out. They are tough and durable so you can map to the other without fear of being torn up.

#### 3. Clothing sweat absorbent

If a rest your hot weather the day and cold at night, you should bring the clothes with sweat absorbent material. We will keep your body cool and dry system also easier to wear multiple layers to keep warm body. Furthermore, we do not spend quite light and space in your suitcase.

#### 4. Not so for all clothing in a suitcase

You should separate clothes when traveling and another. That way, if the suitcase is lost, you will still clothes to continue his journey. Rolled clothing when arranged map will save space and keep clothes from being together.

#### 5. Priority supplies "2 in 1"

To make your suitcase lighter, you should choose the supplies have effect. Shampoo containing oil discharge, sunscreen cream with moisture are two things you need. Addition, you should prepare some medicine bottle has a resistance to infection eyes, hand cut and scratch the skin.

#### 6. Dual

When you prepare to play one or two weeks away, you should leave everything up to be used for a bed. Then, divide the number because we tend to take too much. By doing so, you'll see the things that really need the trip. In addition, only two pair of shoes - one pair for the day and night for a double. If where you're going to quite hot, you can take an extra pair of sandals.

#### 7. Protect personal information

Cases may be lost. Can be stolen. So plan for situations that by photo back important documents (passports, vote booking hotels, travelers' checks ...). Scan and send them to your electronic mailbox. Also, you save a copy of all documents he at home. Then, whether any record dryer, all your information can still be used.