Thung Nai temple is also home to the famous waterfall Queen, a Queen ruled along the north west, upstream against the Muong Hoa Binh, Son La, Lai Chau Thai origin. . . In the past, when the Da River Falls has not prevented the Coast - United very dangerous rapids, the boats were sinking so much here to make Queen temple to pray to protect her, good luck for the trip back down the Da River

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Thung Nai following schedule

Day 1:

Focus, on the road (breakfast at the focus, the logistics team to prepare breakfast for the whole group)

Stage 1: KS Daewoo - Last Lang Hoa Lac (this stage is named Cat who dust. Recommendation members should be prepared glasses, mask)

Stage 2: Hoa Lac - Beach Nai (Ky Son) - The challenge begins (20 km between the mountains and forests of Luong Son will give members a taste small challenges on the journey Thung Nai Stage 3: Ky Son - Hoa Binh city (by road - 16 km) Take a break for lunch in Ho Chi Minh Hoa Binh

Stage 4: City Hoa Binh - Thung Nai: 25 km of which is a steep climb about 11km (this is practice for the Hai Van)

Expected to be finished by 17:00 on 1. There are two options: Stay overnight in boat (Uncle Casper\_HN drop flower display will be photographed in the lake Da river) or motels Windmill. But what first seems to appear more attractive.

## Day 2:

7h00: Wake up for breakfast

8:00: Thung Nai - Kim Boi: 30 km (mountains are for you to try)

11h00: Kim Boi (lunch - rest)

14:00: Kim Boi - The Son (would be extremely surprising and interesting to the members

Emong blood supply back enjoy the fire two years ago when still immature Emong)

16h00: The Son - Hanoi 19h00: be present in Hanoi

## About Thung Nai

Thung Nai is a communal lake district, Cao Phong Da River - Peace. Peace lies 25km town about 110km and the HN. Thung Nai name because in ancient valley Nai on every pack, time away from the dense wilderness ago.

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When done hydropower, water flooded the Da River valley, halfway up the mountain to take to create small islands are very beautiful! Population living here mainly Muong. This is also one of the most famous land Muong Peace - Thang Muong.

The road to the entrance to Port Bin Nai, Binh Thanh, hang along the Da River, meandering up and down with more than 10km, one to the town center is off road vehicles, where there is a rather large wharf.

In Thung Nai has many points to visit, explore and relax. Want to go into the forest can be written Mu, a copy of the Muong people in the valley between the dense forests. I want to play down the lake boat landing. You can visit the island without footprints on the Da River water or floating on the waves La Vong residential drop idle question.

From the station take a boat on Shore Temple Lady Falls only takes 30 minutes. I sat on the boat lost in realms of islands of Ha Long by Nature, there are many islands floating like shape with a wealth of imagination freely. It's charming, romantic complacency label! Arrived in the river around the fish cages. The way Lady Temple 10 'boat to a cave is very nice - Hang Bo. If the water level rise can take a boat to take in the cave to see, shallow water to wade in the heart of the cave, going on to make the bamboo foot bridge!

From Coast to the respondent about 1 hour boat ride to our Ngoi Hoa. A poetic name,?! There have written quite pristine Muong, due to the terrain here isolated from the outside, the only means of travel is thuyen. Tuy Songda how hydropower is 20 km but there is no electricity?! Each cluster is a mountain or oasis for his wife. People can stay home with specialties Muong Pig (pork is very good, ranging only eat vegetables, maize and forests).

Above is the introduction of an eco-tourist destination in peace. In Thung Nai no motels, no restaurants. I want to stay there rent personal friends of the fishermen or the people at the temple for temporary stay, hotel stay or to go to church still there.

Have a military zone as a holiday home on the island from a boat landing on the temple. In fairly well, they also smoked fish, but fish Da Russian technology, food was delicious, especially where you drink beer too!

Tua is for anyone interested in both rivers and forests. Landscapes. Special short-term, in no time. Take a day also, but they play more than 2 days. Low cost, folk. Easy road to go, sights to see, if there is to know understanding great food, Muong people here are more interesting things! "

## The point of playing in Thung Nai

- Temple of Queen Thac Bo (she has two temples Dao and Muong woman)
- Island and Windmill Guesthouse
- Cho Bo (Sunday morning session)
- The Coast Waterfalls.
- Japan and the United Ngoi
- Buddy cages on the lake
- The social waterfall that.
- Eating and crew leave at Windmill Guesthouse.